

## CLAIMS:

1. A method of preparing a foodstuff, comprising the steps of
  - (a) cooking or heating the foodstuff ; and
  - 5 (b) applying to the cooked foodstuff a seasoning mixturethe seasoning mixture comprising seasonings and a granular edible substance that will form on the surface of the foodstuff, at the temperature of the cooked foodstuff, an essentially continuous coating, which coating is no longer fluid at the temperature at which the foodstuff will be consumed.
- 10 2. A method according to claim 1, in which the granular edible substance is selected from the group consisting of baker's sugar and anhydrous and hydrous dextrose.
- 15 3. A method according to claim 1, in which the granular edible substance is hydrous dextrose.
4. A sealable container suitable for the containing of a hot, cooked foodstuff, having at least one inner surface, the inner surface being coated with a seasoning mixture comprising seasonings and a granular edible substance, which granular, edible substance  
20 forms, at the temperature of the cooked foodstuff, a continuous coating on the foodstuff, which coating is no longer fluid at the temperature of consumption of the foodstuff.
5. A container according to claim 4, in which the sealable container is flexible.
- 25 6. A container according to claim 5, in which the container is a bag or sack made of metal or plastics.